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Region 4 RAC Meeting 11 10 10 – Ada County Sheriff's Office meeting room, Boise
Marilyn Baughman, Melanie Curtis, Elisha Figueroa, Vern Garrett, Georgia Girvan,
Britney Haley, Dennis Hardziej, Helen Huff, Amy Jeppesen, Ross Mason, Jeff Morrell,
Darren Richman, Sandy Jones, Jim Tibbs, and Laura Thomas

Provider subcommittee 9:15 a.m.

Representatives from central office, BPA and OPD were not able to attend the meeting.
Budget information from the last ISCA meeting was shared.

Currently the SUDS budget is \$1.2 million over budget, when the spend rate is compared to the budgeted rate.

The Access to Recovery Grant was received and it is expected that the state system will be set up by mid-December. Michael Bartlett is the staff person in charge of ATR.

Darren and Vern reported that AACT Idaho is working on issues for the next legislative session and encouraged all providers to become actively involved with ACCT Idaho. A new web page is being created; once public, the link will be sent to Laura to add to the RAC web page. One positive note was the inclusion of a provider representative in the make up of the proposed regional development boards for the Behavioral Health Transformational Work Group (see additional information from Ross Mason, below).

Additional provider issues of concern were discussed. A short break was taken prior to beginning the full RAC meeting.

Full RAC meeting convened at 10:10 a.m.

Agenda for today's meeting and minutes from the September 8, 2010 meeting were approved.

Nominations for the Patricia Kempthorne Award are due to Laura by December 1, 2010. The RAC will vote via email and the result will be forwarded to Joy in Region 3; she is collecting all nominations for the RAC chairs to review and determine an honoree by the first week of January. The Award Ceremony will be held on Wednesday, February 16, 2011 at 4 pm; it is anticipated that the same location Garden level auditorium will used. The RAC chairs decided to discontinue the 4th floor education event due to poor traffic from legislators last year. Instead, regional meetings will take place. Anyone interested in participating or submitting an issue for inclusion in Region 4 talking points (these will be brief and limited in number) should contact Darren (and copy Laura on issue). Ross Mason will provide a list of contact information for region 4 legislators.

One nomination was received for the Region 4 Community Service Award. After discussion the RAC voted to recognize Denise Arellano, the founder of the Idaho Inmate Education Fund. Denise created the non-profit organization to address a need she saw as a federal defender of Idaho investigator. The fund provides resources for self help to

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inmates in Ada and Canyon county jails. Sandy Jones and Laura Thomas will inform Denise of the honor and secure her availability for the award presentation.

Ross Mason provided an update of the report of the Behavioral Health Transformation Work Group (see summary attached). The next steps expected are some type of action by the Governor and introduction of enabling legislation by Senator Stegner . Links to documents on the topic can be found at http://www.marshabracke.com/BHTWG_docs.htm

Results of the training needs survey for Region 4 RAC were discussed. Response rate was 3 surveys. The best time and day for training is Friday mornings before noon. Topics were ASAM, Ethics, Motivational interviewing, CSC, MRT, understanding the legal system, counselor self-care and job burn out. Since ICADD includes Ethics as both a preconference and conference topic, discussion centered on utilizing RAC funds to support attendance at that training rather than offering a separate event. Survey results showed that trainings every 6 to 12 months would meet needs.

Laura shared that 24 organizations provided information for the classes and services survey in region 4. A list was circulated for review and correction prior to sending it out publicly.

Laura reviewed several announcements from BPA and the central office on changes that providers needed to note and the GAIN Site Interviewer training that has been rescheduled for November 29-30, 2010 in Nampa.

Networking Update

Sandy Jones reported that Ada County Sheriffs Office classes are open to those in the community (for self pay) and are intended as an alternate sentencing option for judges to consider. She also introduced Britney Haley who worked with her and facilitates one of the classes.

Ross Mason shared that Region 4 in partnership with Central District Health, ISU and Ada County continue to offer Community Clinics with free health screenings for those without insurance or Medicaid. The next event is planned for December 3, 2010 at the Cathedral of the Rockies. A flier will be made available with event details. Everyone is encouraged to refer clients in the target service group.

Marilyn Baughman from Intermountain Hospital shared information on the suicide support group that meets the 2nd Tuesday of the month from noon to 1 pm at Intermountain. Anyone is welcome; survivors, family members, professionals and others whose lives have been touched by suicide. The lectures they have been offering are drawing 50-65 and they have no more space to accommodate a larger group; once they have more space, topics will be advertised to others. She also shared that Jeff Morrell is their director of nursing and that Intermountain is managing Canyon View in Twin Falls for St. Luke's Magic Valley. The new CEO at Intermountain Hospital is Brent Bryson.

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Dennis Hardziej reported times are tight for providers, including Community Services Counseling.

Jeff Morrell from Intermountain Hospital shared that a new Partial Hospitalization program will be started in the near future, possibly in December. He also indicated that Ninon Germain, MD will be accepting patients, both adults and adolescents through a new practice with SAGE Group.

Elisha Figueroa reported that the Meridian Mayor's Antidrug Coalition will be helping fund the School Climate survey in the Meridian District. The data helps support Drug Free Community reports and grant data needs. They have a new project with the Rocky Mountain High School Football team which is being well received. Elisha is one of the co-chairs for the Community Coalitions of Idaho. Nearly 45 people met last week to network and learn more about sharing information and resources. They are focusing on a needs assessment process as a first project.

Melanie Curtis from SHIP reported they have expanded their housing services to work with VA funded programs for veterans with severe and persistent mental illness and also those with chronic homelessness. SHIP has a registered dietitian working with groups teaching nutrition and basic cooking skills. SHIP is offering a basic construction skills and green job training in December. For more information contact Conor at 954-3105

Amy Jeppesen from Recovery4Life reported that they have IOP classes in the morning and evening and an adolescent IOP group. They will be starting a Women in Recovery group in mid-November.

Georgia Girvan from RADAR reported they will be celebrating their 20th anniversary next month; watch for an invitation to a celebration. They have also dropped the word 'network' from their name and now use RADAR Center. Their new web site and shopping cart are proving to be popular.

Helen Huff reported that Idaho Society of Addiction Medicine (IdaSAM) president Dr. Stoune is working to create an IdaSAM member task force of MDs and DOs to explore training and education for prescribers of RX pain killers. She shared that Washington state is the first in the nation to have a law mandating review of Rx prescriptions for efficacy of treatment. Often doses are increased without sufficient review of patient progress.

Vern Garrett reported that Ascent is now providing services for the new drug court in Elmore County. There are 15 available slots and currently 8 are filled.

The next full RAC meeting will be on January 12, 2010 at this same location campus (Ada County Sheriff's Office) but in a new meeting room – through Entrance 4 the Day Reporting Center. Appreciation was given to ACSO for the hospitality of meeting space. Meeting was adjourned at noon.

Summary List of Recommendations

Director of Transformation

BHTWG recommends that legislation be drafted for and presented to the 2011 of the Idaho State Legislature that establishes the Behavioral Health Transformation Office (BHTO) and the position of Director of Transformation to direct that office in a manner consistent with the roles and responsibilities outlined in the Director of Transformation Job description. The Director of Transformation is specifically intended to act as a daily and continuous champion for the transformation effort on a local, regional and state level.

Furthermore, BHTWG recommends that the BHTWG, Cooperative, and Interagency Committee on Substance Abuse Prevention and Treatment forward the names of prospective candidates who meet the requirements of the position for an appointment by the Governor.

The BHTO and the Director of Transformation function are recommended for review in 2016, with a potential sunset or continuation of the group depending on the outcome of that review.

Regional Behavioral Health Community Development Boards

BHTWG recommends that legislation be drafted for and presented to the 2011 session of the Idaho State Legislature, in anticipation that Regional Behavioral Health Community Development Boards be established and populated during 2011 and functional by December 2011. The establishment of Regional Behavioral Health Community Development Boards eliminates the need for the existing Regional Mental Health Advisory Boards and the Regional Advisory Councils.

State Behavioral Health Planning Council

BHTWG recommends that legislation be drafted for and presented to the 2011 session of the Idaho State Legislature in order to modify the role of the State Mental Health Planning Council to one that has a behavioral health focus and is called the State Behavioral Health Planning Council, fulfills the requirements of U.S. Code, includes representation from each of the Regional Boards, and limits the group's membership to a representative but efficient number.

Statewide Behavioral Health Interagency Cooperative

BHTWG recommends that the Governor's Office issue an Executive Order to activate the Statewide Behavioral Health Cooperative and its responsibilities in response to the delivery of this Plan.

This action ensures that the momentum generated by the BHTWG and the completion of specific activities as proposed in this Plan are accomplished. These activities include identifying prospective candidates as the Director of Transformation, reviewing and supporting draft legislation to implement the transformation structure, and serving as a point of contact and information for regional stakeholders until that time the Director of Transformation is secured. The Executive Order is recommended to require a review of the need for the Cooperative again in 2016, with a potential sunset or continuation of the group depending on the outcome of that review.

BHTWG also recommends that the State Legislature pass legislation during the 2011 to support the Executive Order. That legislation could be enacted concurrent with the sunset of ICSA in June.

State Behavioral Health Authority

BHTWG recommends that the Idaho Department of Health and Welfare continue to position the department to become a State Behavioral Health Authority, and to coordinate and communicate the status of that effort within the context of the Cooperative.

Regional Provider Networks

BHTWG recommends that the structure proposed to establish via Executive Order in 2010 and Legislation in 2011 be so established, tasking that structure with the continued development of standards, data, need, priorities and funding coordination that will further inform the development of a delivery system featuring Regional Provider Networks.

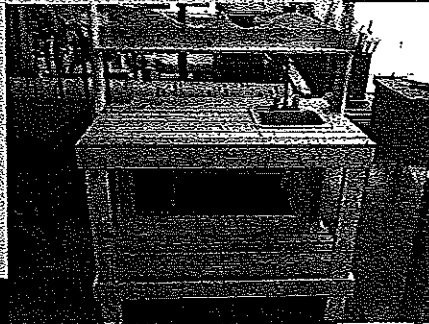
Array of Core Services

BHTWG recommends that the regions and the state adopt this array of core services as the "floor" of services they seek to make available in each region, that this array be maintained as the goal for regional planning and capacity building, and that it also be used as a measure by which to indicate progress toward a truly transformed behavioral health system over the long term.



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Program Requirements:

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Boise
2. Must be below Income guidelines
3. Must pass random drug tests
4. High School Diploma or GED pre-
ferred
5. Must have photo ID

Income Guidelines:

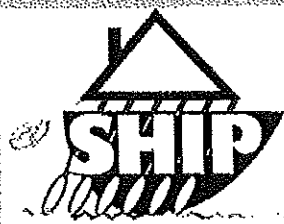
Family Size	Annual Gross Income
1	\$34,650
2	\$39,600
3	\$44,550
4	\$49,500
5	\$53,500
6	\$57,450
7	\$61,400
8	\$65,350

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Supportive Housing and Innovative Partnerships

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